

Bonnie A. Cashwell, BS, MSOM, LAc, Dipl OM

Cary, NC 27518

919-604-2735

EDUCATION

2009	Masters of Science of Oriental Medicine, Southwest Acupuncture College - Santa Fe, NM
2001	Polarity Therapy, Tree of Life Polarity Center - Saxapahaw, NC
1996	Massage Therapy, Carolina Institute - Wilmington, NC
1977	Bachelors of Science, Winthrop University - Rock Hill, SC

CERTIFICATIONS

2009 - present	NCCAOM - National Certification Commission of Acupuncture and Oriental Medicine, Diplomate in Acupuncture
2009 - present	NCCAOM National Certification Commission of Acupuncture and Oriental Medicine, Diplomate in Chinese Herbology
2009 - present	NCCAOM National Certification Commission of Acupuncture and Oriental Medicine, Diplomate in BioMedicine
2009 - present	NCCAOM National Certification Commission of Acupuncture and Oriental Medicine, Diplomate in Point Location
1996 - 2013	NCBTMB National Certification Board for Therapeutic Massage and Bodywork, Licensed Massage Therapist
2001	Associate Polarity Practitioner

CONTINUING EDUCATION HIGHLIGHTS

2017	CPR #1, HealthCMI 3 hrs
2017	Ethics: Feeling Conflicted about Psychiatric Medication, POCA 3 hrs
2017	Traditional Pulse Diagnosis for Contemporary Practice, NCCAOM, Dr. Fu Di
2016	Could Methylation Be The Holy Grail of Aging Gracefully, Dr. Greg Peterson, DC, Biotics Research Corp, 7 hrs
2016	Understanding Lab Tests: Functional Medicine for Acupuncturists, Michelle Buchanon, Dip Ac., Lotus Institute 8hrs
2016	Forget What You Know About Probiotics: The Latest Research on Nature's True Probiotics, Acupuncture Today, Kiran Krishnan, Microbiologist, Dr. Tom Bayne, DC
2016	Detox - 3 Key Ingredients that make this Work, Dr El-Khadour and Dr. Contractor, Metagenics
2016	Using Functional Nutrition for Digestive Challenges in the Traditional Chinese Practice. Diana DaGrosa, MSOM, LAc, ACN & Acupuncture Today
2016	Modifying Traditional Chinese Formulas with Western Botanicals, Benjamin Zappin, LAc, Acupuncture Today & Five Flavors Herbs
2016	Safety in Acupuncture - Healthcare Medicine Institute, 2 hrs
2016	Ethics in Acupuncture - Healthcare Medicine Institute, 2 hrs
2016	Glandular Physiology & Medicinals - Dr. Paul Frank, DC, Standard Process
2015	Antibiotic Resistance, Natural Immune System Builders, Dr. Lynn Lafferty, Pharm D., ND, MBA, CNC, CNHP, NSU College of Osteopathic Medicine, Standard Process
2015	A New Understanding of Probiotics & The Human Microbiome, Acupuncture Today & Dynamic Chiropractic, Dr. Thomas Bayne, DC, Kiran Krishnan, Microbiologist
2015	ICD-10 Coding & Insurance Billing Essentials, Accuclaims, Inc., Mori West, President 7 hrs
2015	Insurance Billing - The Basics, Accuclaims, Inc, Mori West, President, 7 hrs
2015	Advances in Inflammatory Control: Active Resolution of Inflammation, Metagenics, Jesmond Dalli, PhD
2015	Internal Alchemy Nei Gong, David Peters 14 hrs
2015	Neurotransmitters Involved in Neuroplasticity: The Ultimate Path To Brain Health, Acupuncture Today & Systemic Formulas, Dr. Shayne Morris, PhD, CNS, MBA
2015	YNSA Scalp Acupuncture Point for Female Hormonal Imbalances & Infertility, David Bomzon, Medigogy
2015	Digesting the Trust: The True Essentials of Digestion- Standard Process, Jim Marecic 2hrs
2015	Using Your Intuition to Enhance Your Practice - Biotics Research, Toni Blanton
2015	Chinese Medicine in the 21 st Century: A Top Down View of 5 Elements, Lonny Jarrett 15 hrs
2015	Acupuncture and Herbal Treatment of Pain Using Master Tung's Points, Lotus of Integrative Medicine, Robert Chu, PhD, LAc, QME
2014	Channel Theory: An Overview of the Secondary Vessels, Yvonne Farrell, 8 hrs

2014 Take Control: How to Effectively Manage Your Patients' Glucose, John P. Troup, PhD
 2014 Renewing the Aging Brain, Michael Pierce
 2014 Inflammatory & Autoimmune Signaling Systems, Samuel Yanuck
 2014 Mastering Brain Chemistry, Thomas Culleton, 22 hours
 2014 The Treatment of Knotty Diseases, Sharon Weizenbaum, 12.5 hrs
 2013 Endocrine Wellness: Practical Applications for Adrenal and Thyroid Health, Annette Kutz Schippel, 8 hrs
 2013 Treating Chronic Digestive Disorders with Chinese Medicine, Blue Poppy Institute, Bob Flaws, 15 hrs
 2013 Top 50 Drugs and their Herbal Alternatives, Lotus Institute of Integrative Medicine, 8 hrs
 2013 The Lung: Unique Clinical Applications of Classical, Heiner Fruehauf, 4 hrs
 2012 The Body Tells the Story, Acupuncture Association of Colorado, 6 hrs
 2012 The Adrenal Workshop, Colorado School of Traditional Chinese Medicine, Michael Gaeta, 2 hrs
 2011 Autoimmune Disorders: Integrative Chinese Herbal Medicine Program, David Scrimgeour 7.5 hrs
 2011 Upper Respiratory Illness: Integrative Chinese Herbal Medicine Program, David Scrimgeour 7.5 hrs
 2010 Microcurrent Therapy Training - 7 hrs
 2005 Clinical Aromatherapy, Cynthia Loving, 14 hrs
 2003 Myofascial Release and Muscle Energy Techniques, Medical Arts Massage School, Wolfgang Luckman, 16 hrs
 2001 Polarity Practitioner Program, 190 hrs
 1998 Bring the Feet to Life- Foot and Hand Reflexology, Claire Marie Miller, 30 hrs
 1997 Soft Tissue Origins of Cervical Pain, Coastal Carolina Institute, Jackson Petersburg, 17 hrs

LICENSES

2013 - present Acupuncture in North Carolina
 2009 - 2013 Acupuncture in Colorado
 2009 - 2013 Massage Therapy in Colorado
 2005 - 2009 Massage Therapy in New Mexico
 1996 - 2005 Massage Therapy in North Carolina

CLINICAL PRACTICE

2013 - present Owner, Balancing Acupuncture, Cary, NC
 2014 - 2015 Oriental Medicine Practitioner at Oriental Health Solutions, Durham, NC
 2009 - 2013 Founder/Owner, Practitioner at Balancing Acupuncture, Denver, Colorado

PROFESSIONAL AFFILIATIONS and MEMBERSHIPS

2013 - present North Carolina Acupuncture Licensing Board
 2014 - 2016 Treasurer for North Carolina Association of Acupuncture and Oriental Medicine
 2013 - 2014 Chamber of Commerce - Cary, North Carolina
 2009 - 2013 Acupuncture Association of Colorado
 2011 - 2013 Alter/Med Research Foundation - Denver, CO
 2010 - 2011 South Metro Chamber of Commerce - Colorado
 1996 - 2001 Member, American Massage Therapy Association, NC
 1996 - 1997 Chamber of Commerce - Wilmington, NC

PUBLICATIONS & ARTICLES

2010 Bonnie Cashwell, National Pancreatic Cancer Foundation, "Acupuncture and Pancreatic Cancer," February 28, 2010, <http://pancreaticcancerfoundation.com/?s=acupuncture&x=0&y=0>
 2011 Von Chavez, LGBT Business Directory, Acupuncture Therapist, <http://justqme.com/glbusinessblog/?s=acupuncture>, October 2011
 2012 Jeffery Hoyle, "Acupuncture: The Unconventional Method of Treating Ailments Including HIV," Pulse Magazine, August 2012, p. 24

