

Bonnie A. Cashwell, BS, MSOM, LAc, Dipl OM

Cary, NC 27518

919-604-2735

EDUCATION

2009	Masters of Science of Oriental Medicine, Southwest Acupuncture College - Santa Fe, NM
2001	Polarity Therapy, Tree of Life Polarity Center - Saxapahaw, NC
1996	Massage Therapy, Carolina Institute - Wilmington, NC
1977	Bachelors of Science, Winthrop University - Rock Hill, SC

CERTIFICATIONS

2009 - present	Diplomate in Acupuncture, NCCAOM - National Certification Commission of Acupuncture and Oriental Medicine
2009 - present	Diplomate in Chinese Herbology, NCCAOM National Certification Commission of Acupuncture and Oriental Medicine
2009 - present	Diplomate in BioMedicine, NCCAOM National Certification Commission of Acupuncture and Oriental Medicine
2009 - present	Diplomate in Point Location, NCCAOM National Certification Commission of Acupuncture and Oriental Medicine
1996 - 2013	NCBTMB National Certification Board for Therapeutic Massage and Bodywork, Licensed Massage Therapist
2001	Associate Polarity Practitioner

CONTINUING EDUCATION HIGHLIGHTS

2021	Qiao Vessels, Peter Shea MSOM, Dipl Ac., LAc, 4 hrs
2021	Belt Channel & Ancestral Sinews, Peter Shea MSOM, Dipl Ac., LAc, 4 hrs
2021	Wei Vessels: Unfolding Over Time, Peter Shea MSOM, Dipl Ac., LAc, 4 hrs
2021	Ethics & I Ching, Peter Shea MSOM, Dipl Ac., LAc, 4 hrs
2020	Introduction to the Extraordinary Vessels, Peter Shea MSOM, Dipl Ac., LAc, 4 hrs
2020	Chong Vessel: The Channel of Our Blueprint, Peter Shea MSOM, Dipl Ac., LAc, 4 hrs
2020	Ren & Du Vessels: Bonding & Individuation, Peter Shea MSOM, Dipl Ac., LAc, 4 hrs
2020	Elbow Pain, Healthcare Medicine Institute, 3 hrs
2020	Advanced Acupuncture for Anxiety, Insomnia & Depression, Healthy Seminars, Susie Hayes, 6 hrs
2020	Colitis, Crohns Disease, Chronic Appendicitis, HealthCMI, 9 hrs
2019	NeiGong-Internal Alchemy Level 1, David Peters, MSOM, LAc, LMBT, Long Life Wellness Center, 4.5 hrs
2019	Your Infections Personality: Microbial & Viral Influence of Mood Disorders, Dr. Brett Wisniewski DC, MS, DABCI, DACBN, Biotics Research Corp, 8 hrs
2018	Safety in Herb-Drug Combinations #2, Healthcare Medicine Institute, 2 hrs
2018	Yuan Qi Classical Acupuncture with Suzanne Robidoux, 15 hrs
2017	Digestive Mastery, Biotics Research, Wally Schmidt, DC 12 hrs
2017	Ethics – Feeling Conflicted About Psychiatric Medication, POCA
2017	Traditional Pulse Diagnosis for Contemporary Practice, NCCAOM, Dr. Fu Di, 16 hrs
2016	Could Methylation Be The Holy Grail of Aging Gracefully, Dr. Greg Peterson, DC, Biotics Research Corp, 7 hrs
2016	Understanding Lab Tests: Functional Medicine for Acupuncturists, Michelle Buchanon, Dip Ac., Lotus Institute 8hrs
2016	Forget What You Know About Probiotics: The Latest Research on Nature’s True Probiotics, Acupuncture Today, Kiran Krishnan, Microbiologist, Dr. Tom Bayne, DC
2016	Detox - 3 Key Ingredients that make this Work, Dr El-Khadour and Dr. Contractor, Metagenics
2016	Using Functional Nutrition for Digestive Challenges in the Traditional Chinese Practice. Diana DaGrosa, MSOM, LAc, ACN & Acupuncture Today
2016	Modifying Traditional Chinese Formulas with Western Botanicals, Benjamin Zappin, LAc, Acupuncture Today & Five Flavors Herbs
2016	Safety in Acupuncture - Healthcare Medicine Institute, 2 hrs
2016	Ethics in Acupuncture - Healthcare Medicine Institute, 2 hrs
2016	Glandular Physiology & Medicinals - Dr. Paul Frank, DC, Standard Process
2015	Antibiotic Resistance, Natural Immune System Builders, Dr. Lynn Lafferty, Pharm D., ND, MBA, CNC, CNHP, NSU College of Osteopathic Medicine, Standard Process

2015	A New Understanding of Probiotics & The Human Microbiome, Acupuncture Today & Dynamic Chiropractic, Dr. Thomas Bayne, DC, Kiran Krishnan, Microbiologist
2015	ICD-10 Coding & Insurance Billing Essentials, Accuclaims, Inc., Mori West, President 7 hrs
2015	Insurance Billing - The Basics, Accuclaims, Inc, Mori West, President, 7 hrs
2015	Advances in Inflammatory Control: Active Resolution of Inflammation, Metagenics, Jesmond Dalli, PhD
2015	Internal Alchemy Nei Gong, David Peters 14 hrs
2015	Neurotransmitters Involved in Neuroplasticity: The Ultimate Path To Brain Health, Acupuncture Today & Systemic Formulas, Dr. Shayne Morris, PhD, CNS, MBA
2015	YNSA Scalp Acupuncture Point for Female Hormonal Imbalances & Infertility, David Bomzon, Medigogy
2015	Digesting the Trust: The True Essentials of Digestion- Standard Process, Jim Marecic 2hrs
2015	Using Your Intuition to Enhance Your Practice - Biotics Research, Toni Blanton
2015	Chinese Medicine in the 21 st Century: A Top Down View of 5 Elements, Lonny Jarrett 15 hrs
2015	Acupuncture and Herbal Treatment of Pain Using Master Tung's Points, Lotus of Integrative Medicine, Robert Chu, PhD, LAc, QME
2014	Channel Theory: An Overview of the Secondary Vessels, Yvonne Farrell, 8 hrs
2014	Take Control: How to Effectively Manage Your Patients' Glucose, John P. Troup, PhD
2014	Renewing the Aging Brain, Michael Pierce
2014	Inflammatory & Autoimmune Signaling Systems, Samuel Yanuck
2014	Mastering Brain Chemistry, Thomas Culleton, 22 hours
2014	The Treatment of Knotty Diseases, Sharon Weizenbaum, 12.5 hrs
2013	Endocrine Wellness: Practical Applications for Adrenal and Thyroid Health, Annette Kutz Schippel, 8 hrs
2013	Treating Chronic Digestive Disorders with Chinese Medicine, Blue Poppy Institute, Bob Flaws, 15 hrs
2013	Top 50 Drugs and their Herbal Alternatives, Lotus Institute of Integrative Medicine, 8 hrs
2013	The Lung: Unique Clinical Applications of Classical, Heiner Fruehauf, 4 hrs
2012	The Body Tells the Story, Acupuncture Association of Colorado, 6 hrs
2012	The Adrenal Workshop, Colorado School of Traditional Chinese Medicine, Michael Gaeta, 2 hrs
2011	Autoimmune Disorders: Integrative Chinese Herbal Medicine Program, David Scrimgeour 7.5 hrs
2011	Upper Respiratory Illness: Integrative Chinese Herbal Medicine Program, David Scrimgeour 7.5 hrs
2010	Microcurrent Therapy Training - 7 hrs
2005	Clinical Aromatherapy, Cynthia Loving, 14 hrs
2003	Myofascial Release and Muscle Energy Techniques, Medical Arts Massage School, Wolfgang Luckman, 16 hrs
2001	Polarity Practitioner Program, 190 hrs
1998	Bring the Feet to Life- Foot and Hand Reflexology, Claire Marie Miller, 30 hrs
1997	Soft Tissue Origins of Cervical Pain, Coastal Carolina Institute, Jackson Petersburg, 17 hrs

LICENSES

2013 - present	Acupuncture in North Carolina
2009 - 2013	Acupuncture in Colorado
2009 - 2013	Massage Therapy in Colorado
2005 - 2009	Massage Therapy in New Mexico
1996 - 2005	Massage Therapy in North Carolina

CLINICAL PRACTICE

2013 - present	Owner, Balancing Acupuncture, Cary, NC
2014 - 2015	Oriental Medicine Practitioner at Oriental Health Solutions, Durham, NC
2009 - 2013	Founder/Owner, Practitioner at Balancing Acupuncture, Denver, Colorado

PROFESSIONAL AFFILIATIONS and MEMBERSHIPS

2013 - present	North Carolina Acupuncture Licensing Board
2014 - 2016	Treasurer for North Carolina Association of Acupuncture and Oriental Medicine
2013 - 2014	Chamber of Commerce - Cary, North Carolina
2009 - 2013	Acupuncture Association of Colorado
2011 - 2013	Alter/Med Research Foundation - Denver, CO
2010 - 2011	South Metro Chamber of Commerce - Colorado
1996 - 2001	Member, American Massage Therapy Association, NC
1996 - 1997	Chamber of Commerce - Wilmington, NC

PUBLICATIONS & ARTICLES

- 2010 Bonnie Cashwell, National Pancreatic Cancer Foundation, "Acupuncture and Pancreatic Cancer," February 28, 2010, <http://pancreaticcancerfoundation.com/?s=acupuncture&x=0&y=0>
- 2011 Von Chavez, LGBT Business Directory, Acupuncture Therapist, <http://justqme.com/glbusinessblog/?s=acupuncture>. October 2011
- 2012 Jeffery Hoyle, "Acupuncture: The Unconventional Method of Treating Ailments Including HIV," Pulse Magazine, August 2012, p. 24